

**Our Vision:**

At Sacred Heart we aim to inspire all children to develop a love of physical activity and sport. Through good physical education, whole school gospel values and a whole child approach, we aim to nurture confident, resilient children who will strive for their personal best. We listen to our children’s wants and needs and provide them with a range of active experiences and clubs. We want to aid our children in obtaining the values and skills to celebrate and respect the success of others, as well as modestly celebrating their own successes. We aim to ensure that our delivery of physical education allows children to have the skills and mindset to leave primary school with the capabilities to be successful in their sporting challenges and active lifestyles at secondary school and beyond. We strive to educate both our children and families to develop a greater understanding on how to live healthy lifestyles and make healthy choices. We are dedicated to ensuring healthy minds, as well as bodies and will continue to support our children’s well – being. We have strong links and partnerships within our community to ensure the children receive the support and knowledge they need.

**What do we do?**

- Inclusion for every pupil regardless of race, ability or gender.

- Every child has the opportunity to take part in physical activity on a regular basis.

- Inspire all pupils to succeed and excel in sport and other physically demanding activities.

- Provide exciting and varied experiences using quality resources and inclusion into the community.

- Provide opportunities for pupils to become physically confident in a way which supports their health and fitness.  
- Opportunities to compete in sport and other activities to build character and embed the gospel values.

- Develop fundamental movement skills to ensure pupils become increasingly competent and confident.

- Encourage pupils to lead healthy, active lives and make healthy life choices.

- Promote a passion and love for life-long learning of physical education and link this to future aspirations.

**How will we know?**

**Sacred Heart children will leave our school:**

- Having the competence to excel in a broad range of physical activities

- Leading healthy, active lives.

- Physically confident in a way which supports their health and fitness

- Succeeding and exceling in competitive sport and other physically demanding activities.

- Embedding values such as sportsmanship, fairness and respect as well as our gospel values.

- Expressing enjoyment of physical education and a desire to continue to learn in their next phase of education.

- To continue to actively participate in after-school clubs.

**How do we it?**

-Sequential knowledge and skills progression in Physical Education to develop the knowledge and behaviours for physical activity, physical fitness, and motor skills.

- Provide a foundation for equipping students to be physically active in other areas of the school and beyond.

-Discuss and celebrate fellow pupils’ sporting achievements in and outside of school.

- Provide children with sporting role models (Kinetics and specialised coaches from PCSA).

- Provide children with a breadth of opportunities to partake in physical activity after school.

- Dedicated interscholastic sports afternoons at Paignton Academy.

-Incorporate ‘in the classroom’ physical activity throughout the day.

-Residential experiences throughout all year groups in KS2.

- Play Leaders organising active lunch times.

Being physcially active at Sacred Heart – 22/23

Everyone is Sacred

**Compassion**

**Humility**

**Everyone is Sacred**

**Justice**

**Kindness**

**Courage**

**Peace**

**Integrity**

**Forgiveness**