# **Sacred Heart RC Nursery & Primary School**



9th February 2024

Dear Parents / Carers,

How can we be at the end of another half term already!

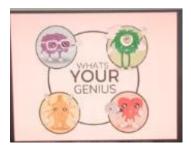
This week we have seen classes coming to the end of their current enquiry projects. Y3 celebrated their learning with a Greek Day on Wednesday. The children have been writing some excellent Greek myths over the past week which I had the privilege of reading. Y3 were transformed into soldiers, emperors, queens and ancient Greeks. They started the day writing followed by food tasting and then turned their talents to drama. After rehearsing their scripts, the children performed for other year groups. During the afternoon they got creative sketching Greek masks and then bringing them to life with clay. What an exciting way to end a unt of learning. After half term we have been lucky enough to secure a history session with a new company running history-based learning experiences. Y3 will be able to put their ancient Greek knowledge to the test as they get the opportunity to test out this exciting new workshop for free.



## What's your Genius?



Today, Y5 took part in a workshop for supporting children's mental health called, 'What's your Genius?' Two presenters, and Natalie started the workshop talking about their experiences of



Joel

own

neurodiversity in school and how they see it as a superpower rather than a hindrance. Some of the children resonated with the presenters and were proud to share their 'superpower'. There were four types of 'genius' discussed: Vison genius (creative people), action genius (organisers, planners and doers), communication genius (talkers/performers) and logic genius (those talented with number and computing). The

children took part in team games showing that when all types work together, everyone has something to offer.

### **Good luck Mrs Pancott**



We say a temporary farewell to Mrs Pancott today as she finishes school to start her maternity leave. We wish her a restful half term holiday before Baby Pancott arrives. As Reception parents already know, we have been unable to fill the teaching vacancy despite actively searching since before Christmas. We have had two adverts out and four supply agencies searching for a suitable candidate but with no success. I have meetings with two potentials over half term and am feeling positive we'll find the right

replacement. We have been blessed with finding Mrs Harrison in Y1 so we must pray that our prayers will be answered for our Reception children soon.

## Lent 2024

When we return after the half term break, we will have started season of Lent. Ash Wednesday falls next week on the 14<sup>th</sup> February, sharing the day with St Valentine this year.



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# **INSET Day**



On Monday 19<sup>th</sup> February, all staff will be attending St Joseph's in Newton Abbot for a day of PIPS training. PIPS stands for Passive

Intervention and Prevention Training. The training will upskill staff in de-escalation techniques for when dealing with challenging behaviours.

# School reopens for pupils on Tuesday 20th February 2024.

Have a lovely half term break,

God Bless,

Mrs Nichola Day

**Executive Headteacher** 



## **Spring Term Diary**



# **February**

Wed 14<sup>th</sup>: Ash Wednesday (during the half term holidays)

Mon 19th: INSET day – Staff return/no pupils

Tues 20th: Pupils back to school.

Thurs 22<sup>nd</sup>: Y3 Ancient Greek Workshop

Fri 23<sup>rd</sup>: Y3/4 Mass 10am

#### March

Wed 6th/ Thurs 7th: Parent Consultations

Thurs 7th: World Book Day

Thurs 14th/ Fri 15th: Y3 Pixie Holt Residential

Fr 22<sup>nd</sup>: Y5 to Paignton Academy's Spring Musical, 'Matilda JR'

Thurs 28th: Break up for Easter holidays.

Fri 29<sup>th</sup> Good Friday

Sun 31st: Easter Sunday

# April

Mon 15th: Back to school – everyone.

# May

Mon 6th: Bank holiday

Sat 11th: Reconciliation

Mon 13th -Thurs 16th: Y6 SATS

Sat 18th: First Holy Communion

Fri 24th: Y5/6 Defib and CPR training / Break up for half term.

# Contacting your child's teacher



Y6: Mrs Bird bird@shrcps.org

Nursery: Mrs BerryY2: Miss SloggettY5: Mrs Whitmore/Missberry@shrcps.orgsloggett@shrcps.orgHartley whitmore@shrcps.org

/ hartley@shrcps.org
YR: Mrs Pancott
Y3: Mrs Flintham / Mrs Glew

flintham@shrcps.org /

Y1: Mrs Harrison /Mrs

Gascoyne Y4: Miss Shaw harrison@shrcps.org shaw@shrcps.org

/gascoyne@shrcps.org

pancott@shrcps.org

Mrs Day	day@shrcps.org
Mr O'Kane (11.30am – 2.30pm)	senioradmin@shrcps.org
Mrs Macdonald (8am – 11am)	admin@shrcps.org
Mrs Garside (10.15am -3:45pm)	garside@shrcps.org
	Mr O'Kane (11.30am – 2.30pm) Mrs Macdonald (8am – 11am)

#### Inclusion Team

Safeguarding Lead	Mrs Day	day@shrcps.org
Deputy Safeguarding Lead	Mrs Nott	nott@shrcps.org
Deputy SENCO	Mrs Nott	nott@shrcps.org

Family Support	Malgorzata Bankowska-Sylla	maggie@familyvalues.org.uk
Attendance Officer	Matthew Jackson	matt@southwestfamilyvalues.org.uk
Play Therapist	Jane Doidge	doidge@shrcps.org

# **Introducing Maggie – Family Support Worker**



My name is Malgorzata Bankowska-Sylla, but people call me Maggie. I was born in Poland and moved to UK over 18 years ago.

I work for Southwest Family Values as a Parenting Therapist, and my role in the Sacred Heart Catholic School is a Family Support Worker.

I work with individual families delivering Incredible Years groups, HNC (Helping Non-Compliance Child program), and Timid to Tiger groups. I am a qualified Drawing and Talking therapist, I also deliver the Triple P program and Within My Reach groups to parents. I am trained in the Conflict Resolution Toolkit.

I am married, and I have two wonderful children, ages 12 and 10, who make me proud daily. I am a football mum, travelling around the county with my children's football teams. I like cooking and listening to music.



# For Nursery Parents/Carers....

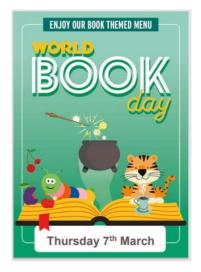
With effect from 1<sup>st</sup> April 2024 there will be an increase in the hourly rate. The new charge will be £5.23, in line with Torbay Council's agreed Early Years Funding Rates.

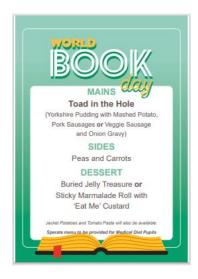
# Upcoming themed menu days...

Our Caterers, Chartwells will be having special menus on Tuesday 20<sup>th</sup> February and Thursday 7<sup>th</sup> March 2024. See the posters below. If your child would like a meal on these days it can be booked via your ParentPay account.









# Things To Do...











COMMUNITY SPORTS TRUST You can book via the following link:

https://torquay-united-cst.class4kids.co.uk Or email: admin@tucst.co.uk

Team Players

£10.00

& Prizes to

be won!

Find us on

#### Dear Parents/carers

I hope this letter finds you and your families in good health and high spirits. I am writing to inform you about a local opportunity that will greatly benefit our young ones and contribute to their overall wellbeine.

We are spreading the news about Junior parkrun at Torbay Velopark, a fantastic initiative designed to encourage children to lead an active and healthy lifestyle from a young age. We all understand the importance of instilling positive habits early on, and Junior parkrun is a wonderful way to achieve this.

#### What is Junior parkrun?

Junior parkrun is a <u>free</u>, weekly, timed 2-kilometer run specifically designed for children aged 4 to 14 years. The Torbay Velopark, with its beautiful surroundings and safe environment, provides an ideal setting for our young ones to participate in this <u>fun and inclusive</u> event.

#### Benefits of Junior parkrun

- Physical Fitness: Participating in regular physical activity is crucial for the development of a child's physical health. Junior parkrun offers a <u>non-competitive</u> environment where children can run, jog, or walk at their own pace, promoting an active lifestyle.
- 2. Social interaction: The event fosters a sense of community and camaraderie. Children (and adults) have the opportunity to make new friends, share experiences, and enjoy the company of their peers.
- Confidence Building: Completing the 2-kilometer run, whether walking or running, instils a sense
  of achievement in children, boosting their confidence and self-esteem.
- 4. Family Engagement: Junior parkrun is a fantastic way for families to spend quality time together. Adults are encouraged to join their children, creating a shared experience that promotes family bonding.
- 5. Healthy Habits: By participating in Junior parkrun, children develop a positive attitude towards physical activity, laying the foundation for a lifelong commitment to health and well-being.

#### How to Get Involved

Getting involved in Junior parkrun is simple! Visit <a href="https://www.parkrun.org.uk/torbavvelopark-juniors/">https://www.parkrun.org.uk/torbavvelopark-juniors/</a> for more information, including event timings, registration details, and any other relevant information. <a href="https://www.parkrun.org.uk/register/?eventName=torbavvelopark-juniors">https://www.parkrun.org.uk/register/?eventName=torbavvelopark-juniors</a>

We encourage you to support your child's participation in Junior parkrun at Torbay Velopark.

Together, let's inspire our children to embrace an active lifestyle and set the stage for a healthy future.

Thank you for your attention, and we look forward to seeing your children at the Torbay Velopark Junior parkrun!

#### Best regards

The Torbay Velopark Junior parkrun team



## Something for the Half Term Break and an After-School Activity beyond that.

Torbay Velopark (at Torbay Leisure Centre) are offering weekly 'Wednesday Whizz Around for a Pound' on their cycle track and pump track.

This is the ideal way to get your child confident for their Bikeability Courses. If they can't ride, the Training apron is a great area to teach them. If they can ride, the 1.5 km tarmac track is a brilliant traffic and pedestrian-free area for them to ride in safety and the pump track is great fun for those more confident on their bikes.

An hour's session is just one pound on Wednesdays but sessions must be pre-booked.

Bike hire is available at an extra cost, but this can't be pre-booked and availability isn't guaranteed.

This is the booking link.

## **Velopark booking**

This is a great low-cost half-term activity that they'll love.

