

Sacred Heart RC Nursery & Primary School



Fortnightly Flyer

24th January 2025

Dear Parents / Carers,

Last week we were visited by two fantastic professional musicians, Kip Pratt and Elfen Jones from the Devon Music Hub. This was an exciting opportunity for the children to enjoy live music in a variety of forms. The children engaged superbly with the interactive nature of the sessions and has left many saying that they want to learn to play an instrument of their own.



Y3 Science

Y3 had a new member of the class in This week: Nigel the skeleton! They learned the names of some of our bones and the functions they perform. Looking at the skeleton, they were able to feel where these bones are in our own bodies. Aren't our bodies amazing!





Jubilee 2025: Pilgrims of Hope

Today we launched the Jubilee in school.

The Catholic Jubilee of 2025, themed "**Pilgrims of Hope**," is a special event celebrated by the Catholic Church to bring people closer to God and each other. Here's a simple explanation for children and their parents:

What is a Jubilee?

A Jubilee is like a big birthday party for the Church! It happens every 25 years and is a time for Catholics all around the world to grow in faith, ask for forgiveness, and share God's love. It's a time of joy, prayer, and new beginnings.

Why is it called "Pilgrims of Hope"?

- **Pilgrims** are people who travel to holy places to feel closer to God. It's like going on a trip, not just to see something new, but to discover more about your faith and God's love.
- **Hope** is believing that good things will happen because God loves us and takes care of us.

So, the Jubilee invites everyone to be "Pilgrims of Hope," traveling in faith, trusting God, and spreading kindness and joy.

What will happen during the Jubilee?

1. **Pilgrimages:** Many families and groups will travel to Rome or other holy places to pray and celebrate.
2. **Special Prayers:** People will gather in churches to pray together and grow closer to God.
3. **Acts of Kindness:** The Church encourages everyone to help those in need and show love to others.
4. **Forgiveness:** It's a chance to say sorry to God and others for mistakes and to feel His love and mercy.

What can children do?

- **Pray together:** Spend time talking to God and thanking Him.
- **Help others:** Share kindness by helping a friend, family member, or neighbour.

- **Learn about Saints:** Read stories about Saints who were “Pilgrims of Hope.”
 - **Join church events:** Attend special masses or activities at your parish.
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For Parents

This Jubilee is an opportunity to teach your children about hope, faith, and forgiveness. It's a time to encourage them to see the world as a place filled with God's love and to play their part in making it brighter.

Whether you visit a holy site or celebrate in your local parish, the Jubilee reminds us to walk together as a family in faith, sharing hope and love with the world!

Dairy Dates

I have updated the diary dates until the end of July 2025. If new events are added or changed, I will highlight them in bold or another colour for ease of seeing what has been added. There may be things on there that are some time away yet. Details of events will be shared nearer the actual dates. This is an overview for the rest of the year.

Mastering Number Workshops

We are excited to invite you to join us in supporting your child's learning journey as part of the Mastering Number programme. This initiative is designed to develop your child's confidence and fluency in working with numbers, laying a strong foundation for their mathematical understanding.

To strengthen the connection between home and school learning, we would like to invite you to a special session where you can work alongside your child and experience the engaging activities that form part of this programme. These workshops will last about an hour, led by our maths lead, Mrs Bird along with your child's class teacher. The first part of the meeting will be for the adults only then your child will join you in the hall as you take part in maths activities together. If you are unable to attend due to work commitments, please send an extended family member to work with your child. Unfortunately, children will only be able to take part if there is an adult to join them.

Thurs 13th March - Mastering Number Y2 Parent Workshop
2pm (Mrs Bird/Miss Sloggett)

Wed 19th: March - Mastering Number Y1 Parent Workshop
2pm (Mrs Bird/Mrs Good)

Wed 26th March - Mastering Number YR Parent Workshop
2pm (Mrs Bird/Mrs Pancott)



Neurodiversity Parent Support Program

We have been sent the following information from Torbay with links to FREE training. I've attached the leaflet below for anyone who would like to take this offer up.

Neurodiversity Parent Support Program

We are delighted to share with you that we are working with NHS Devon, Torbay Council and Children and Family Health Devon to run a series of workshops for parent carers of Neurodiverse children.

The sessions between now and the end of this academic year are available for booking. The sessions are open to any parent carer in the Torbay area who has a child with a diagnosis of neurodiversity or is on the pathway for an autism or ADHD assessment.

Full details and booking details are available on the SEND Family Voice Torbay website - <https://www.familyvoicetorbay.org/courses-workshops-materials>

We have attached an electronic copy of the promotional leaflet to share with parents. If you would like to have some physical copies of the leaflet please email admin@familyvoicetorbay.org with your details and we will happily send them to you.

Empowering parent carers with Information and strategies.

How to book a space

You can find all the links to book the sessions on the SEND Family Voice Torbay website.

If you have any issues you can just give us a ring, text us or message us via facebook and one of the team will be happy to help you.

Scan the QR code to book the workshop or visit our website

SEND Family Voice Torbay
Parkfield House
38 Esplanade Road
Paignton
TQ3 2NH

admin@familyvoicetorbay.org
07554 040107
www.familyvoicetorbay.org

In partnership with

TORBAY COUNCIL **cfhd** **NHS Devon**
Children & Family Health Devon

FOR PARENT CARERS IN TORBAY

Neurodiversity Parent support Program

<p>In this session will aim to enhance your understanding and awareness of autism. We will cover the three areas of difference that affect autistic & neurodiverse children & young people.</p> <p>The session will equip you with the knowledge you need to begin to consider making adjustments to some aspects of home life.</p> <p>By the end of the session you will have some ideas of things you can practically do to support your autistic & neurodiverse child or young person.</p> <p>14 January 2025 10-12 @Parkfield House and online 6-7:30pm</p>	<p>positive relationships</p> <p>In this session we will cover social understanding and communication differences that neurodiverse children and young people may experience.</p> <p>This session includes the differences in receptive and expressive communication. We also cover strategies to support communication and social understanding.</p> <p>Finally we will cover supporting positive relationships and how we can support autistic and neurodiverse children and young people.</p> <p>11 March 2025 10-12 @Parkfield House and online 6-7:30pm</p>	<p>In this session we will:</p> <ul style="list-style-type: none"> • Review of anxiety – how it works and what triggers it and how can we support regulation of nervous system? • How can we support neurodivergent young people to recognise what they are feeling (interoception) and take daily action to turn the volume down on their anxiety/ reduce stress levels? • What is masking? Why does it happen and what does it look like? Pros and cons. • What are meltdowns? How are masking and meltdowns connected? Can meltdowns be prevented? Strategies for minimising and managing. <p>10 June 2025 10-12 @Parkfield House and online 6-7:30pm</p>
<p>Sensory Differences</p> <p>In this session we will look at what we mean by "Sensory differences". We will explore the 8 senses and some of the differences that Neurodiverse children and young people may experience.</p> <p>We will look at seeking and avoiding behaviour and how to find the "Just right zone".</p> <p>We will also cover the frequently asked questions that come up when discussing sensory differences and autism.</p> <p>11 February 2025 10-12 @Parkfield House and online 6-7:30pm</p>	<p>Autism and Anxiety session 1</p> <p>In this session we will help you to understand how anxiety works, its impact and what triggers it.</p> <p>The session will look at anxiety and how the three areas of difference that affect autistic & neurodiverse children & young people can interact with anxiety.</p> <p>We will consider strategies that can help autistic and neurodiverse children and young people understand and manage their anxiety.</p> <p>13 May 2025 10-12 @Parkfield House and online 6-7:30pm</p>	<p>Transitions</p> <p>In this session we will help you to understand what we mean by transitions and the range of transitions encountered by children and young people.</p> <p>We explore the impact of transitions on the education and wellbeing of autistic children and young people and the reasons they may require specific enhanced transition support.</p> <p>Finally we will discuss how to support autistic children and young people effectively with transitions.</p> <p>08 July 2025 10-12 @Parkfield House and online 6-7:30pm</p>

Have a wonderful weekend,

Warm regards,

Nichola Day

Executive Headteacher

What's on at Sacred Heart

SPRING/SUMMER TERM 2025



Tues 28th: Y5 trip to Yarner Woods

Wed 29th: Y5 Wonderstruck Science Event at Paignton Academy.

Wed 29th: Parent meeting for First Holy Communion 3:30pm

Thurs 30th: Celebration Mass for Mrs Perkins at 2pm.

Thurs 30th Y3 Handball/Tchoukball Festival at Paignton Academy.

Mon 3rd: Diocesan Collective Worship event online

Thurs 6th: Y1 Handball/Tchoukball Festival at Paignton Academy.

Fri 7th: Rowcroft Fundraising Assembly.

Mon 10th: 3:30pm Y3 Parents – Pixie Holt meeting

Tues 11th: Y3 Ancient Greece Day

Tues 11th: Safer Internet Day

Fri 14th: Break up for the half term holidays.

Mon 24th: INSET Day

Tues 25th: Mrs Pancott returns from maternity leave.





Mon 3rd: Author visit – Jennifer Davy

Wed 5th: Ash Wednesday

Wed 5th & Thurs 6th: Parents Evening

Thurs 6th World Book Day

Weds 12th: Science Day

Thurs 13th: Mastering Number Y2 Parent Workshop 2pm (Mrs Bird/Miss Sloggett)

Thurs 13th Y6 Outdoor Education at Paignton Academy

Mon 17th- Mon 24th Scholastic Book Fair

Wed 19th: Mastering Number Y1 Parent Workshop 2pm (Mrs Bird/Mrs Good)

Thurs 20th: Y4 Outdoor Education at Paignton Academy

Fri 21st: Comic Relief Red Nose Day

Wed 26th Mastering Number YR Parent Workshop 2pm (Mrs Bird/Mrs Pancott)

Thurs 27th/Fri 28th: Y3 Pixie Holt

Thurs 27th Y2 Outdoor Education at Paignton Academy

Tues 1st: Bikeability Assembly

4th: Break up for the Easter holidays

Fri 18th: Good Friday

Sun 21st: Easter Sunday

Mon 21st Bank Holiday Monday

Tues 22nd: Back to school – Summer term.

Mon 28th: Level 1 bikeability





Thurs 1st: Y3 Cricket Festival at Paignton Academy

Mon 5th: Bank holiday

Tues 6th- Thurs 8th : L2 Bikeability (Y5)

12th-15th KS2 SATs week

23rd: Break up for half term holidays

2nd INSET Day

3rd-13th: Y4 Multiplication Tables Check

9th-13th: Y1 Phonics Screening

3rd Back to school

Sun 22nd-Wed 25th: Y6 to Osmington Bay, Dorset.



3rd: Y6 Diocesan Mass (Exeter)

14th-17th: Y6 Bikeability

23rd Y6 Leavers' celebration

25th Break up for summer

Contacting your child's teacher

Nursery: Mrs Berry berry@shrcps.org

YR: Mrs Gascoyne gascoyne@shrcps.org

Y1: Mrs Good lgood@shrcps.org

Y2: Miss Sloggett sloggett@shrcps.org

Y3: Mrs Flintham / Mrs Glew flintham@shrcps.org / glew@shrcps.org

Y4: Mr Mason jmason@shrcps.org

Y5: Mrs Whitmore/Mrs Taylor whitmore@shrcps.org / taylor@shrcps.org

Y6: Mrs Bird bird@shrcps.org

Executive Head Teacher	Mrs Day	day@shrcps.org
Senior Administrator	Mr O’Kane (8am – 11am)	senioradmin@shrcps.org
Administrator	Mrs Macdonald (8am – 11am)	admin@shrcps.org
Administrator	Mrs Garside (10.15am - 3:45pm)	garside@shrcps.org
Inclusion Team		
Safeguarding Lead	Mrs Day	day@shrcps.org
Deputy Safeguarding Lead	Mrs Nott	nott@shrcps.org
Deputy SENCO	Mrs Nott	nott@shrcps.org
Support Team		
Play Therapist	Jane Doidge	doidge@shrcps.org
Family Support Worker	Rachel Ripley	rachel@attendance-solutions.co.uk
Attendance Officer	Natalie Black	natalie@attendance-solutions.co.uk

TBGS...

Torquay Boys Grammar School admissions policy for entry in September 2026 begins a 6-week consultation period from today until midday on Friday 31st January 2025.

To view the policy and how to comment, please follow the link below.

<https://www.tbgs.co.uk/join-us/apply-to-join-us/>

NHS Pharmacy First Service

Did you know that the NHS Pharmacy First Service enables children and adults to get convenient access to healthcare advice and treatment where appropriate, for seven common conditions without the potential delay of having to wait for a GP appointment? Accessing the service may mean that can help children feel better and back to school as quickly as possible, as well as supporting parents/carers to also get better if they are unwell with one of the conditions covered under the service.

There is no need to make an appointment; parents or carers can pop into their local Boots pharmacy with their child and ask for help under the service.

Support for the following conditions can be accessed under the service, free of charge (unless NHS prescription charges apply):

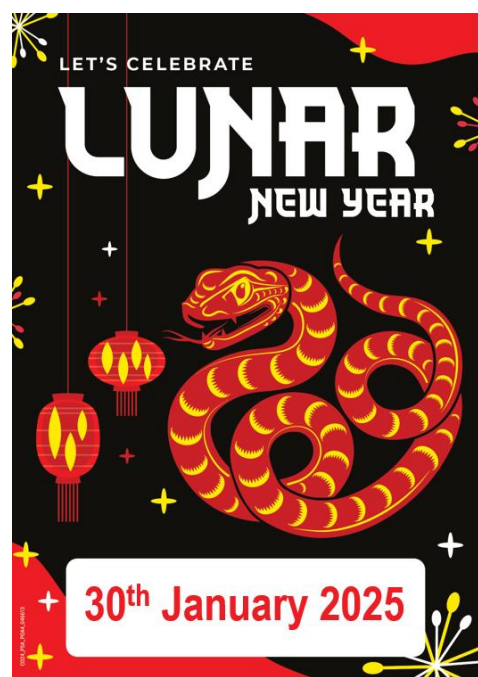
<u>Common condition</u>	<u>Patient eligibility</u>
Earache	1 to 17 years
Impetigo	1 year and over
Infected insect bites and stings	1 year and over
Sore throats	5 years and over
Sinusitis	12 years and over
Uncomplicated urinary tract	Women 16 to 64 years
Shingles	18 years and over

*NHS Pharmacy First Service: In pharmacies in England only. Subject to availability. Treatment is subject to suitability assessment. Normal NHS prescription charge rules apply.

What's on...

There is a themed menu next Thursday – 30th January 2025. If you would like your child to have a school meal on the day, please book via your ParentPay account.

In addition to the choices on the poster there will be jacket potato, pasta sandwiches fruit and yoghurt options available as well.



KINETIC 

AFTER SCHOOL SPORTS CLUBS
SPRING TERM 1

MONDAY	WEDNESDAY	FRIDAY
Table Tennis	Gymnastics	Football
Every Monday 6 Jan - 10 Feb	Every Wednesday 8 Jan - 12 Feb	Every Friday 10 Jan - 14 Feb
£3.50 per session	£3.50 per session	£3.50 per session

20 places available for each club. All clubs run from 3:15 to 4:15.
Remember your PE kit, a coat/jumper, and a water bottle.

BOOK VIA OUR WEBSITE
www.kineticsportsgroup.co.uk
Bookings are now open



www.kineticsportsgroup.co.uk
01803302296
info@kineticsportsgroup.co.uk

Free Event **Kit out your kids for free**

**Community Children's
Clothing Event**

Thursday 20th February
10am–4pm

**COME ALONG AND CHOOSE FROM THE QUALITY
SECOND-HAND CLOTHES DONATED**
Garden Café will be open until 1pm

If you have good quality clothes to donate please drop them off at the Church from 12th, 13th & 14th February

Preston Baptist Church
62 Old Torquay Road
Paignton
TQ3 2RB



February Half-Term 2025 - Multi-Sports Camp!
Monday 17th February - Friday 21st February

Venues -

Oldway Primary School
Higher Polsham Rd, Paignton, TQ3 2SY

Abbey School
Fore Street, Torquay, TQ1 4PR



01803 302 296

info@kineticsportsgroup.co.uk
www.kineticsportsgroup.co.uk



February Half-Term 2025 - Multi-Sports Camp!
Monday 17th February - Friday 21st February

PLEASE NOTE

You must book a full-day session to attend the Early Drop-Off and/or the Late Pick-Up.

Advanced Booking - Live Friday 10th January at noon.

Pricing Structure:

Full Day: 10:00am-4:00pm - £18.00 Per Child.
Early Drop-Off: 8:00am-10:00am - £4.00 Per Child.
Late Pick-Up: 4:00pm-5:30pm - £4.00 Per Child.

Full Week Discounted Price: 10:00am-4:00pm - £72.00 Per Child

Standard Booking - Live Friday 24th January at noon.

Pricing Structure:

Full Day: 10:00am-4:00pm - £21.00 Per Child.
Early Drop-Off: 8:00am-10:00am - £6.00 Per Child.
Late Pick-Up: 4:00pm-5:30pm - £6.00 Per Child.
01803 302 296

info@kineticsportsgroup.co.uk
www.kineticsportsgroup.co.uk

FEBRUARY HALF TERM FOOTBALL
FEB 17TH - 21ST

TORQUAY ACADEMY

Dates:
17th, 18th, & 19th

Times:
Youth: 9.30 - 15.00
Minis: 10.00 - 15.00
Girls: 9.30 - 15.00

Cost:
£18.00

SPIRES COLLEGE

Date & Times:
21st February
Youth: 9.30 - 15.00
Minis: 10.00 - 15.00

Cost:
£15.00

www.torquay-united-cst.classforkids.io/ admin@tucst.co.uk

The Cove Discovery Project

Libraries Unlimited
SAT 08 FEB
10:00 - 14:00
Paignton Library
Donations Appreciated

Art workshop with Lou Chapman

Futureproof-Eco Takeover

Cricketfield Community Garden

Orchard Forest School

Junk modeling
Play Torbay
Eco Champions

Taleblazers

Book art

Nature and eco friendly themed activities for all ages.

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LIBRARIES UNLIMITED, ARTS COUNCIL ENGLAND, EXETER LIVE BETTER TOMORROW