

# Safeguarding at Sacred Heart



## What is safeguarding about?

All of the adults around you think that your health, emotional well-being and safety is very important. We respect all the children at Sacred Heart and help to protect your rights. We teach you how to recognise risks in different situations and how to protect yourself and stay safe.

## How will we try to protect you?

We try to provide a safe environment for you to learn in;

We want to help to ensure that you remain safe, at home as well as at school;

We think it is important for you to know where to get help if you are worried or upset about something.

## Need to talk?

You can talk to any adult in the school if you need to. We will ALWAYS listen—**just tell someone!**

**Childline:** there for you if you ever need to talk.

