

Sacred Heart RC Nursery & Primary School



Fortnightly Flyer

21st March 2025

Dear Parents / Carers,

Parent Consultations

I think we have made it to the end of the parent consultations for the Spring term with the exception of Reception. Thank you for your flexibility in Y3 and 5 where we had to rearrange due to staff absence. Thank you also to those of you who completed the parental questionnaires. Our chair of governors, Julie Burnard, is collating the responses and will report back at the Local CAST Board meeting at the end of term. Following this I will respond to how we will move forward from the things you have identified we need to do better. Julie has shared that they are overwhelmingly positive, which is great to hear.

E-Schools

Thank you for making the switch to e-schools. If you are one of the parents who hasn't managed this yet, the office staff are happy to help you with this. We are aiming for 100% sign up if possible.

Mastering Number Parent Programme

We have had a fantastic attendance at the Y1 and Y2 sessions over the last few weeks. Thank you so much, not only for attending but for your engagement with the project.

The Reception parent session takes place on Wednesday 26th March. We have less than half of parents signed up for this one so we may have to look at postponing if the numbers do not rise. If you haven't committed yet, please do so. We understand that it's not always easy to attend things during school hours but if you can't come yourselves, send a grandparent or other family member. Staff have put a considerable amount of time into this initiative and we have invested financially as we believe this project will have positive impact on maths learning along with being a wonderful opportunity to work together with your child in school. We look forward to welcoming you.

Switched On – Network Rail

Pupils from Reception through to Y6 each had special online live assemblies this week focussing on safety near railways.

Pupils learned about:

- **Safety signs** found around the railway
- **How to stay Switched On and safe in different scenarios** relating to the railway, level crossings and at the station.
- **How to spot hazardous behaviour** in those around you and the importance of paying attention to your surroundings.



For more information check out

[Ready, Check, Go! song - Switched On!](#)

British Science Week

We celebrated all things science last week in school with our main event being a whole day of immersive science on Tuesday 11th. Mrs Whitmore launched the event with an informative assembly focused on 'Adapt and Change'. The children learned about natural adaptations and those that humans have made to the world around them.

They also looked at famous scientists who have changed the world around them and looked at the UN sustainability goals and how they link to our learning to help us become better global citizens of the future.



Safeguarding

Netflix's 'Adolescence' just pulled back the curtain on something every parent, educator, and mentor needs to know—the hidden language of emojis.

Online, young people are communicating in ways that most adults completely miss. What looks innocent could have a much darker meaning. Here are some of the codes being used:

🔴 Red Pill – “I see the truth.” Used in toxic male spaces to mean waking up to supposed hidden ‘truths’ about women and society, often linked to misogynistic ideologies.

🔵 Blue Pill – Represents those who are “blind to the truth” or still believe in mainstream views about relationships and gender dynamics.

💣 Dynamite Emoji – An “exploding red pill,” meaning someone is a radicalised incel.

🫘 Kidney Bean – A symbol linked to incel culture, sometimes mocking women.

💯 100 Emoji – Tied to the “80/20 rule,” the belief that 80% of women are only attracted to 20% of men.

🕳️ Black Hole – Used to express depression, hopelessness, or being sucked into negative online spaces.

🌪️ Tornado – Represents chaos or feeling overwhelmed, sometimes used to indicate mental distress.

🐸 Frog Emoji – Associated with alt-right and extremist meme culture, often linked to Pepe the Frog, which has been co-opted by some toxic online groups.

🦅 Eagle – A symbol of extreme nationalism, sometimes used in far-right online spaces.

💀 Skull – While often just slang for “that’s funny” or “I’m dead (from laughing),” in certain groups, it can signal darker themes like nihilism or self-harm.

📌
❤️ 💜 🟡 💖 🧡 Heart Colours – Not just about love!

❤️ = Love

💜 = Lust

🟡 = “Are you interested?”

💖 = Interested but not in sex

🧡 = “You’ll be okay”

So what should parents do?

- **Get Curious, Not Combative** – Ask open-ended questions: “I saw something about emojis meaning different things. Have you heard of this?” Keep the conversation light.
- **Create a Judgment-Free Zone** – If your child feels like they’ll be punished for opening up, they won’t. Make it clear you’re there to listen, not just lecture.
- **Decode Together** – Ask them to explain their digital world. What do different symbols mean? Who are the influencers they follow? Don’t assume, ask.
- **Teach Critical Thinking** – Help them question online content. “Why do you think some groups push this idea? Who benefits?” Arm them with questions, not just rules.
- **Monitor Without Spying** – Open conversations work better than secret surveillance. Make checking in on their online spaces a normal part of parenting, not a crisis move.
- **Be Real About Manipulation** – Explain how toxic online groups groom young people by making them feel special, included, or like they have ‘insider knowledge.’
- **Build Their Offline Confidence** – The more they feel valued and confident in the real world, the less they’ll seek validation in dangerous online spaces.

The digital world is evolving faster than most adults can keep up, but we don’t have to be in the dark.

Have a lovely weekend.

Nichola Day

Executive Headteacher

What's on at Sacred Heart

SPRING/SUMMER TERM 2025



Wed 26th Mastering Number YR Parent Workshop 2pm
(Mrs Bird/Mrs Pancott)

Thurs 27th/Fri 28th: Y3 Pixie Holt

Mon 31st: Animal HQ visiting Reception Class

Tues 1st: Bikeability Assembly

Tues 1st: Y4 Steam Trip

Fri 4th: Stations of the Cross

Fri 4th: Break up for the Easter holidays

Fri 18th: Good Friday

Sun 21st: Easter Sunday

Mon 21st Bank Holiday Monday

Tues 22nd: Back to school – Summer term.

Mon 28th: Level 1 bikeability



Thurs 1st: Y3 Cricket Festival at Paignton Academy

Mon 5th: Bank holiday

Tues 6th- Thurs 8th : L2 Bikeability (Y5)

Fri 9th: Y4 Eden Project Trip

12th-15th KS2 SATs week

23rd: Break up for half term holidays

2nd INSET Day

3rd-13th: Y4 Multiplication Tables Check

9th-13th: Y1 Phonics Screening

3rd Back to school

Sun 22nd-Wed 25th: Y6 to Osmington Bay, Dorset.





2nd : Y6 Diocesan Leavers' Mass

3rd/4th: Y6 transition days to new schools (some are only on the 3rd)

14th-17th: Y6 Bikeability

23rd Y6 Leavers' celebration

25th Break up for summer

Contacting your child's teacher

Nursery: Mrs Berry berry@shrcps.org

YR: Mrs Gascoyne gascoyne@shrcps.org

Y1: Mrs Good lgood@shrcps.org

Y2: Miss Sloggett sloggett@shrcps.org

Y3: Mrs Flintham / Mrs Glew flintham@shrcps.org / glew@shrcps.org

Y4: Mr Mason jmason@shrcps.org

Y5: Mrs Whitmore/Mrs Compton-Stewart whitmore@shrcps.org / mstewart@shrcps.org

Y6: Mrs Bird bird@shrcps.org

Executive Head Teacher	Mrs Day	day@shrcps.org
Senior Administrator	Mr O'Kane	senioradmin@shrcps.org
Administrator	Mrs Macdonald	admin@shrcps.org
Administrator	Mrs Garside	garside@shrcps.org
Inclusion Team		
Safeguarding Lead	Mrs Day	day@shrcps.org
Deputy Safeguarding Lead	Mrs Nott	nott@shrcps.org
Deputy SENCO	Mrs Nott	nott@shrcps.org
Support Team		
Play Therapist	Jane Doidge	doidge@shrcps.org
Family Support Worker	Rachel Ripley	rachel@attendance-solutions.co.uk
Attendance Officer	Natalie Black	natalie@attendance-solutions.co.uk



To Parents and Carers of all Children
Sacred Heart RC Primary School

Please reply to: Sarah Green
Lower Ground Floor
Town Hall, Torquay
TQ1 3DR

My ref: SG/SD
Your ref:
Telephone: 01803 207678
Fax: 01803 207670
E-mail: highways@torbay.gov.uk
Website: www.torbay.gov.uk
Date: 10th February 2025

Dear Parent/Carer

School Crossing Patrol for Sacred Heart RC Primary School – Southfield Road

The School Crossing Patrol on Southfield Road will be leaving after February Half Term. Therefore, we are looking to recruit someone for this very rewarding role which benefits the school and is appreciated by the whole community.

The times for this site are: **0820–0905** (45 mins) and **1500–1545** (45 mins) = 1 hour 30 minutes each day, which includes 5 minutes setting up time, either side of the patrol duty.

The starting pay rate is **£11.59** per hour, which is approximately **£3800** per year equating to **£316 per month** (over 12 months).

We will provide everything in the way of uniform, training and support - no special experience or qualifications are necessary, although clearance with the Disclosure and Barring Service (previously CRB) will be required and which we will pay for.

Do you know someone who might like to take on this very rewarding role - what about a relative or neighbour who lives in the area? It really is one of the most rewarding part-time jobs!

If you would like to find out more information, please call me on 01803 207678. Further information is also available on our website www.torbay.gov.uk/crossing-patrols.

Yours sincerely

Sarah Green
School Crossing Patrol Co-ordinator

Schools and services for children and young people • social care and housing • recycling, waste disposal and clean streets • community safety • roads and transportation • town planning • tourism, harbours and economic regeneration • consumer protection and licensing • leisure, museums, libraries and arts

If you require this in a different format or language, please contact me.



Notice of Nursery Additional Hourly Rate Increase

In line with the Local Authority, the nursery hours rate for additional hours will increase from the beginning of the summer term. The new rate will be £5.41, and effective from 22nd April 2025.

The updated Nursery Payment Policy reflecting this change can be found on the school website under 'Policies'

School aged vaccinations
Did you know children will be offered these routine vaccinations at school?

- ✓ Flu - reception - year 11
- ✓ MMR - catch up
- ✓ HPV - year 8 - year 11
- ✓ Meningitis ACWY - year 9 - year 11
- ✓ Diphtheria, Tetanus, Polio (DTP) - year 9 - year 11

Did you miss us?
We also have community clinics across Devon for:

- ✓ Home educated children
- ✓ Anxious children
- ✓ Children who missed the session at school

CORNWALL & DEVON
School Age Immunisation Service
Delivered by Kernow Health CIC

For more information, scan the QR code, or call us to speak with a member of our team

Call us on **01392 342678**
kernowhealthcic.schoolimmsdevon@nhs.net

What's on...

TORBAY LEISURE CENTRE

We are your local leisure centre

Learn to Swim programme from 3 months to adults; Free public swim also included

For more info, visit our website or scan the QR code

LeisureCentre.com



Following the **Swim England** Learn to Swim Programme

Water Safety Partner **WELLS UK** OFFICIAL PARTNERSHIP

Managed in Partnership with your Local Authority

LEX LEISURE **TORBAY COUNCIL**

KINETIC SPORTS GROUP

Easter Holidays 2025 - Multi-Sports Camp!
Monday 7th April - Friday 11th April
Monday 14th April - Thursday 17th April

Venues -

Oldway Primary School
Higher Polsham Rd, Paignton, TQ3 2SY

Abbey School
Fore Street, Torquay, TQ1 4PR



01803 302 296
info@kineticsportsgroup.co.uk
www.kineticsportsgroup.co.uk

Dates: Monday 7th April – Thursday 17th April
Times: 8:00 AM – 5:30 PM
Venues: Abbey School, Torquay & Oldway Primary School, Paignton

If you need any more information, please feel free to call us at **01803 302296** or email **info@kineticsportsgroup.co.uk**.




AFTER SCHOOL SPORTS CLUBS

SPRING TERM 2

MONDAY	WEDNESDAY	FRIDAY
Hockey	Dodgeball	Football
Every Monday 3 March - 31 March	Every Wednesday 26 Feb - 2 April	Every Friday 28 Feb - 4 April
£3.50 per session	£3.50 per session	£3.50 per session

20 places available for each club. All clubs run from 3:15 to 4:15. Remember your PE kit, a coat/jumper, and a water bottle.

BOOK VIA OUR WEBSITE
www.kineticsportsgroup.co.uk
 Bookings are live 12th February



www.kineticsportsgroup.co.uk
 01803302296
info@kineticsportsgroup.co.uk



TORQUAY BOYS' GRAMMAR SCHOOL



OPEN WEEK
 Come and take a look
24-28 March
 Tours at 9:30 & 2:00

Book a tour time at tbgs.co.uk/join-us

Caring environment nurtures academic excellence

National and international sporting reputation

Wide range of extra-curricular opportunities

Transport links to Exeter, Totnes, Ashburton and beyond

www.tbgs.co.uk enquiries@tbgs.torbay.sch.uk

Dare to join a top Grammar School? It might not be as hard as you think...

If your son will be in Year 6 in September 2025, you can now register to take the entrance tests for Torquay Boys' Grammar School. We're excited to welcome our next potential students!

The tests will be on Saturday, 20 September 2025 and they have been thoughtfully-designed to cover the Maths and English that your son has been learning at primary school. No extra tutoring is needed - just bring your enthusiasm.



Additional Support for Pupil Premium Students

We believe every child should have a chance to shine, no matter their background. That's why we're excited to team up with Atom Learning: the leading platform for the entrance tests. If your child qualifies for Pupil Premium, they can access a fantastic free online programme to help build their confidence and skills for test success. It has been shown that students with a glimmer of academic potential make more progress in schools such as TBGS, and this offer of PP support is part of our continued effort to encourage as many students as possible to consider us for secondary school.

Not eligible for Pupil Premium? You can still try Atom Learning with a free five-day trial on their website: atomlearning.com.

To apply to take the tests, complete the online registration form: tbgs.co.uk/join-us





EASTER HOLIDAYS FOOTBALL

APRIL 7TH - 16TH

TORQUAY ACADEMY

April Dates:
 7th, 8th, 9th, 14th, 15th & 16th
 Girls: 7th, 8th, 14th & 15th

Times:
 Youth: 9.30 - 15.00
 Minis: 10.00 - 15.00
 Girls: 9.30 - 15.00

Cost:
 £18.00



SPIRES COLLEGE

Date & Times:
 11th April
 Youth: 9.30 - 15.00
 Minis: 10.00 - 15.00

Cost:
 £15.00

<https://torquay-united-cst.classforkids.io/> admin@tucst.co.uk

Why you should dare to join us?

TBGS is renowned for providing students with:

- a top-quality, rich and varied curriculum, which enables academic progress, whilst encouraging inquisitive minds;
- a wide range of extra-curricular pursuits, and sporting opportunities, contributing to developing the whole person;
- a caring environment and strong pastoral system allowing the nurturing of academic excellence of each individual.

The essence of what TBGS strives to do is captured in our clear mission to:

- enable students' enjoyment of learning for its own sake, whilst developing their creative talents to fulfil their intellectual potential;
- provide individuals with the knowledge and skills to respond to a changing world with confidence and humility;
- encourage each person to be reflective, open-minded and principled so that they can make a positive contribution to their community and the wider world.

Excellence Integrity Leadership



TORQUAY BOYS' GRAMMAR SCHOOL



Tours 25-28 March at 9:30 & 2:00

OPEN WEEK

Book a tour tbgs.co.uk/join-us

Dare to be
www.tbgs.co.uk
 enquiries@tbgs.co.uk