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|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Nursery | Introduction to PE: Unit 1 | Fundamentals: Unit 1 | Gymnastics: Unit 1 | Dance: Unit 1 | Games: Unit 1 | Ball Skills: Unit 1 |
| Reception | Introduction to PE: Unit 2 | Fundamentals: Unit 2 | Gymnastics: Unit 2 | Dance: Unit 2 | Games: Unit 2 | Ball Skills: Unit 2 |
| Year 1 | Fundamentals  Ball skills | Gymnastics  Sending and Receiving | Dance  Target Games | Yoga  Invasion | Athletics  Net and Wall | Team building  Striking & Fielding |
| Year 2 | Fundamentals  Ball Skills | Gymnastics  Invasion | Dance  Target games | Fitness  Sending & receiving | Athletics  Net and Wall | Team building  Striking & Fielding |
| Year 3 | Fundamentals  Ball Skills Y3/4 | Gymnastics  Dodge ball | Dance  Netball | Fitness  Tag Rugby | Athletics  Tennis | Cricket  Handball |
| Year 4 | Basketball  OAA | Gymnastics  Football | Dance  Hockey | Yoga  Fitness  ~~Swimming~~ | Athletics  Tennis | Rounders  Tag Ruby |
| Year 5 | Fitness  Netball | Gymnastics  Dodge ball | Dance  Football | Tag Rugby  Badminton Y5/6 | Athletics  Tennis  Swimming | OAA  Cricket |
| Year 6 | Basketball  OAA | Gymnastics  Tag rugby | Dance  Hockey | Yoga  Tennis | Athletics  Handball | Rounders  Dodgeball  Swimming |

- 2 x 45-minute lessons from Y1 onwards

* Broader experience of a range of sports offered to pupils (this is one of the 5 key indicators that schools should expect to see improvement across as a result of the PE and School Sport Premium funding)
* In EYFS, unit 1 taught before unit 2 as unit 1 is easier.
* Ball skills, fundamentals and sending and receiving KS1 units isolate skills to prepare children to apply these in games activities (target, net and wall, striking and fielding and invasion) with increased pressure, rules and decision making. The same with ball skills and fundamentals in LKS2.
* Consideration has been made for weather to avoid disruption to lessons, placing units such as dance and gymnastics in Autumn 2 and Spring 1.
* To give children a broad range of experiences, we have alternated games activities throughout KS2 e.g., cricket in year 3 and 5, rounders in year 4 and 6.