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|  | Autumn 1  | Autumn 2  | Spring 1  | Spring 2  | Summer 1 | Summer 2 |
| Nursery | Introduction to PE: Unit 1  | Fundamentals: Unit 1 | Gymnastics: Unit 1 | Dance: Unit 1 | Games: Unit 1 |  Ball Skills: Unit 1 |
| Reception  | Introduction to PE: Unit 2 | Fundamentals: Unit 2 | Gymnastics: Unit 2 | Dance: Unit 2 | Games: Unit 2  | Ball Skills: Unit 2 |
| Year 1 | Fundamentals Ball skills  | GymnasticsSending and Receiving | Dance Target Games  | YogaInvasion | AthleticsNet and Wall  | Team buildingStriking & Fielding |
| Year 2  | Fundamentals Ball Skills  | GymnasticsInvasion | DanceTarget games | FitnessSending & receiving | AthleticsNet and Wall | Team buildingStriking & Fielding |
| Year 3  | Fundamentals Ball Skills Y3/4 | GymnasticsDodge ball | Dance Netball | FitnessTag Rugby | AthleticsTennis | CricketHandball |
| Year 4  | BasketballOAA | Gymnastics Football | DanceHockey | YogaFitness~~Swimming~~ | AthleticsTennis | RoundersTag Ruby |
| Year 5 | FitnessNetball | GymnasticsDodge ball | DanceFootball | Tag Rugby Badminton Y5/6 | AthleticsTennisSwimming | OAACricket |
| Year 6  | Basketball OAA | Gymnastics Tag rugby | DanceHockey | YogaTennis  | Athletics Handball | RoundersDodgeballSwimming |

 - 2 x 45-minute lessons from Y1 onwards

* Broader experience of a range of sports offered to pupils (this is one of the 5 key indicators that schools should expect to see improvement across as a result of the PE and School Sport Premium funding)
* In EYFS, unit 1 taught before unit 2 as unit 1 is easier.
* Ball skills, fundamentals and sending and receiving KS1 units isolate skills to prepare children to apply these in games activities (target, net and wall, striking and fielding and invasion) with increased pressure, rules and decision making. The same with ball skills and fundamentals in LKS2.
* Consideration has been made for weather to avoid disruption to lessons, placing units such as dance and gymnastics in Autumn 2 and Spring 1.
* To give children a broad range of experiences, we have alternated games activities throughout KS2 e.g., cricket in year 3 and 5, rounders in year 4 and 6.